



Middle East  
Energy Dubai

# HOW CAN YOU BE MORE SUSTAINABLE?

## VISITOR CHECKLIST



While you are at the show, be aware of what waste you are generating. Reduce where possible and use the provided recycling bins when appropriate



As a visitor, your biggest environmental impact is from travelling to and from the event. When possible, choose public transport and trains over planes and taxis



When booking accommodation, consider a hotel with eco-certifications to lower your carbon footprint, and be sure to ask about any specific programs your hotel may have when you check in



Ask exhibiting companies about the sustainability credentials of their business and products



Reduce your environmental impact by eating one plant-based meal a day